



A-Star Sports Road to Rio Training camp.

A-Star Sports will be hosting their very own Olympic games. Athletes will be trained in many sports before competing in the A-Star Sports Olympic games at the end of the day.

Selected sports include,

Hurdles, Javelin, Shot Putt, Discuss, Long Jump, Rugby Races, Football Relay, Tennis Tapping, Basketball Shootout, Speed Hockey and Relay Races.

PRICES

2hour session will be £8 per child
4hour session will be £16 per child

Sibling Discount

2nd Child

2hour session = £1 off
4hour session = £2 off

3rd Child

2hour session = £2 off
4hour session = £3 off

To book your child into the A-Star Sports Road to Rio Training Camp simply complete the tick box and booking form over the page.



Timetable

Venue	Date				Time		
	Mon 1 st	Tue 2 nd	Wed 3 rd	Thur 4 th	9-11	11-1	9-1
Springfield Cambridge Church							
Tick Box ---- >							
Lenzie Old Parish Church	Mon 8 th	Tue 9 th	Wed 10 th	Thur 11 th	9-11	11-1	9-1
Tick Box ---- >							
Cairns Church	Mon 15 th	Tue 16 th			9-11	11-1	9-1
Tick Box ---- >							

Child's name	
Parent's name	
Parents contact number	
Email Address	
Emergency contact name	
Contact number	
Relationship to child	
Medical information Allergies	Yes/No – If yes, please give details –

Are there any additional medical details, health support needs or other information about your child that A-Star Sports should be aware of? -

I agree to the full terms and conditions – Yes/No *(delete as appropriate)*

For full terms and conditions please visit our website – www.a-starsports.co.uk/programme/find-local-class/east-west-dunbartonshire-surrounding-areas/

Terms and conditions

Holiday clubs

- A-Star Sports activities are primarily aimed at children aged 3-10. Children under school age will be considered in full consultation with families to ensure all the children enjoy themselves. Under Care Inspectorate (Scotland) guidance, A-Star Sports can only have children under school age for two hours or less in any one day. School aged children may stay for full holiday club sessions.
- Children attending holiday club must also be able to, for example:
 - go to the toilet independently;
 - manage clothing independently (if / when required);
 - manage snacks / food independently;
 - manage medication independently (see below).

Under Care Inspectorate (Scotland) regulations, if a child requires 'care' in any of these areas (or has needs outlined by the parent / carer / guardian that would fall under a 'care' bracket) then this falls outside of sports clubs operating as 'excepted services'. Parents / carers / guardians should discuss needs and/or concerns in full with the coach to ensure guidelines are met and children have the most positive and fun experience at holiday club. In some cases, at the coach's discretion, it may be possible for parents / carers / guardians to accompany children to holiday club and provide the required care.

- Customers are required to drop off and collect children from within the premises of the holiday club.
- Customers are asked to double check all contact number(s) for their child / children at the drop-off point and inform their coach of any health issues (in addition to those on the application form) that may be relevant for that day. It is advised that children requiring (prescription) medication should take it prior to attending holiday club as appropriate. For children who need to self-administer medication (e.g. an asthma inhaler), parents / carers / guardians should advise the coach of their permission for their child to do this through the completion of a permission to administer medication form provided by the coach.
- Children should be appropriately dressed for running around, particularly with their 'fast shoes' on!
- Customers must follow health and safety procedures as advised to them by their coach.
- Coaches make every effort to avoid injury during holiday club activities. In the event an injury should occur, coaches will administer appropriate first aid to children as required.
- All coaches hold up-to-date first aid certificates and are fully PVG checked.
- Customers accept that at times there will be physical contact between the coach and the children in a professional, caring manner.
- Should children bring their own snack (or packed lunch where appropriate) we ask that this does not contain nuts.
- Smoking is strictly forbidden in all coaching / holiday club venues.

Fees / refunds

- Bookings will be confirmed on receipt of a booking form. Full payment is required when your place is confirmed. Cheques can be made payable to A-Star Sports.
- A full refund will only be given if written cancellation is received within four weeks of the holiday club date.
- If a customer's cheque is returned from the bank unpaid, a £10 administration charge may be applied.

Staff training

- We place great importance on high quality training of new coaches and franchise owners. Occasionally, those undergoing training may accompany our qualified and experienced coaches.

All customers are expected to abide by the terms and conditions set out above.

Safeguarding children

If you would like to see our full Safeguarding Children Policy, please ask your local coach for a copy. If you have any concerns or questions about our policy and procedures, please contact our Safeguarding Children Officer: Sharon Bassett on 07932 182148.

Feedback

Our coaches regularly survey customers to ensure that they are very happy and satisfied with the service provided and can support us in positive developments for the future.

Should any issues arise, please speak to the local franchise owner / coach where appropriate in the first instance. Customers can also contact Head Office on the details below and the A-Star team will make every effort to resolve the matter satisfactorily.

T: 0845 459 2210 / E: info@a-starsports.co.uk